

The Great Glen Canoe Trail

Is one of the UK's great canoe adventures. It requires skill, strength, determination and above all, wisdom on the water.

Complete the Trail and join the select paddling few who have enjoyed this truly unique wilderness adventure.

You are advised to paddle the Trail between Banavie and Muirtown as the sea access sections at each end involve long and difficult portage.

Enjoy, stay safe and leave no trace.
www.greatglencanoetrail.info



Enjoy Scotland's outdoors responsibly

- take responsibility for your own actions
- respect the interests of other people
- care for the environment.

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GREAT GLEN CANOE TRAIL GUIDE MAP



Trail Safety

When planning your trail:

- ▶ Remember to register your paddle trip
- ▶ Read the safety information provided by the Caledonian Canal Team
- ▶ Plan where you are staying and book appropriate accommodation if required

On the canal remember:

- ▶ Look out for and use the Canoe Trail pontoons
- ▶ Paddle on the right hand side and do not canoe sail
- ▶ Give way to other traffic
- ▶ Be alert, and be visible to approaching craft
- ▶ Watch out for wake caused by larger boats

When on open water remember:

- ▶ Ensure you have the latest weather forecast
- ▶ Wear appropriate clothing
- ▶ Choose a shore and stick to it
- ▶ Stay as a group and look out for each other
- ▶ Be prepared to take shelter should the weather change
- ▶ In the event of an emergency on the water, call 999 and ask for the coastguard

Always wear a personal buoyancy aid when on the canal or open water.

Contacts

VHF Operation Channels

Emergency Channel - CH16
Scottish Canals - CH74

Handy Phone Numbers

Canal Office, Inverness - 01463 725500
Canal Office, Corpach - 01397 772249
Inverness Harbour - 01463 715715
Met Office - 01392 885680
HM Coast Guard, Aberdeen - 01224 592334
Police, Fort William - 01397 702361
Police, Inverness - 01463 715555
Citylink - 0871 2663333

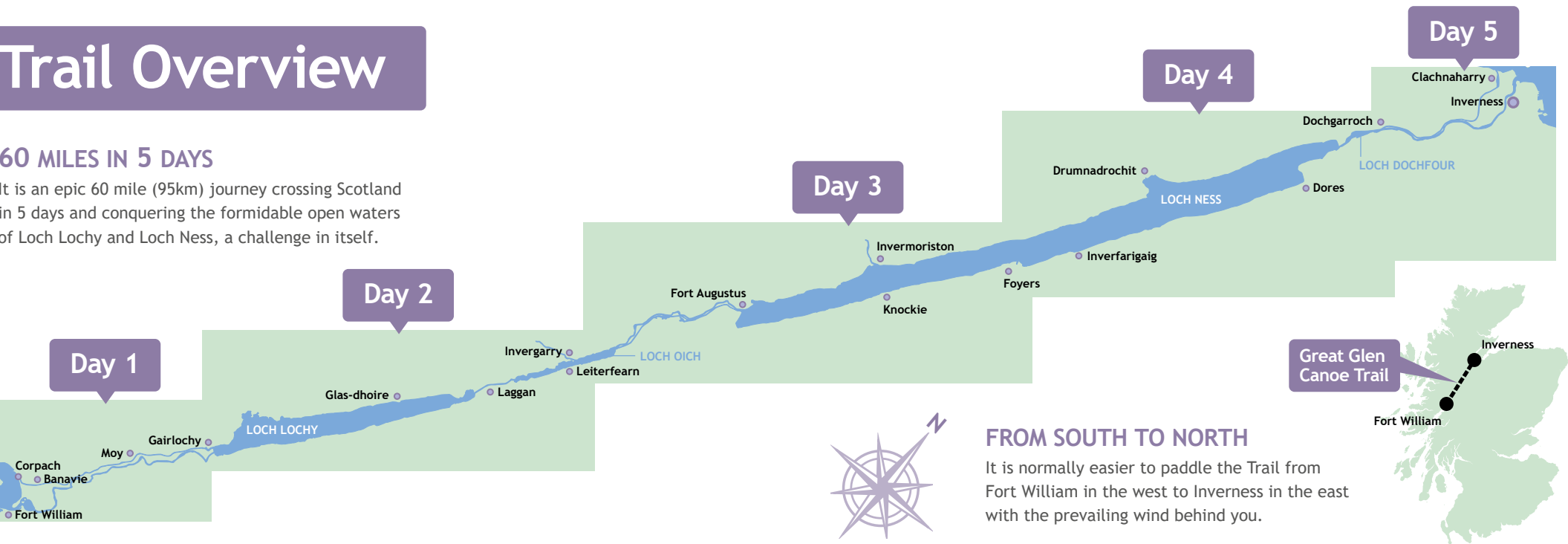
Key

- | | | | |
|--|--------------------|--|---------------------|
| | Informal Camping | | Portage Route |
| | Commercial Camping | | Orientation Panel |
| | Canoe Rack | | Access/Egress Point |
| | Bunk House | | Lock Gates |
| | Shopping | | Swing Bridges |
| | Parking | | A Road |
| | Drop Off/Pick Up | | B Road |
| | Toilets | | Railway |
| | Trailblazer Rest | | Great Glen Way |
| | | | River Flow |

Trail Overview

60 MILES IN 5 DAYS

It is an epic 60 mile (95km) journey crossing Scotland in 5 days and conquering the formidable open waters of Loch Lochy and Loch Ness, a challenge in itself.



Day 1

Further Information including accommodation providers and facilities can be found at www.greatglencanoetrail.info

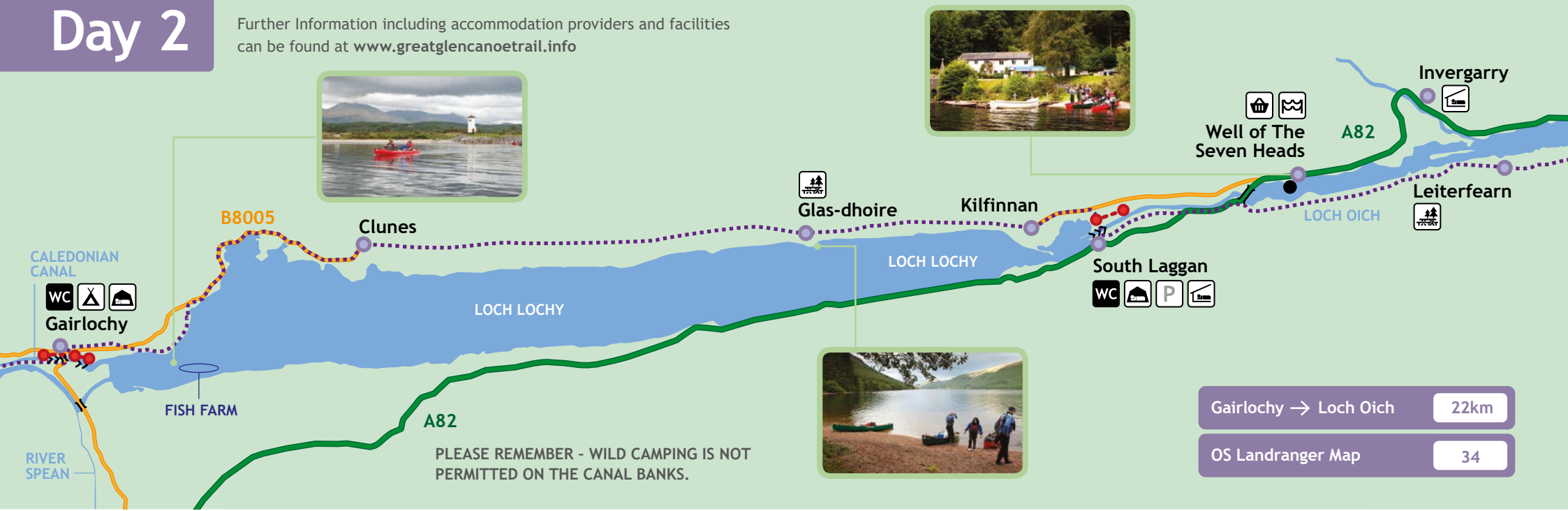


Fort William → Gairloch 10.5km

OS Landranger Map 41

Day 2

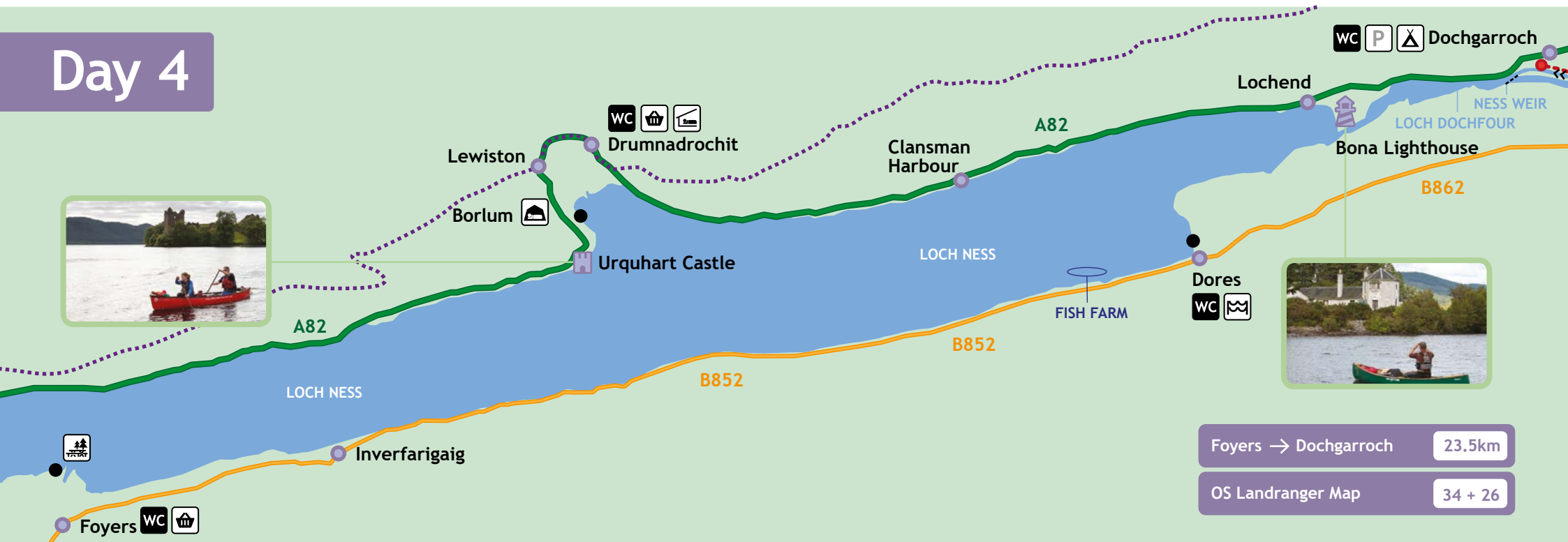
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Day 3



Day 4



Day 5

HARBOUR ACCESS: You are required to obtain permission 24 hrs in advance from Inverness Harbour Master **01463 715715**

